



Breaking Free

Clip No. 5 ... Study by Stephen Kendrick
CATHOLIC STUDY GUIDE



THE BURNING QUESTION: Do you give up and give in to temptation ... or do you stand strong?

SCENE SET-UP: Caleb Holt is addicted to pornography, but he recently surrendered his life to Christ. While on the Internet, a pop-up ad tempts him to click on a porn site. He struggles with going back to his old habit. After reading that an addiction is like a "parasite" that destroys lives and marriages, Caleb removes his computer to avoid temptation.

SCENE SELECTION: Scene 15 (Temptation)

TOPICS DISCUSSED: Temptation. Receiving Counsel. Escape. Lust. Pornography. Obedience.

BACKGROUND INFO: Caleb Holt's addiction to pornography was destroying his mind and his marriage. It also fed his anger, dissatisfaction, and mistreatment of his wife. Caleb's new faith in Christ is quickly put to the test in an unexpected moment of temptation on the Internet.

KEY STUDY SCRIPTURES: Matthew 5:27-30; 1 Corinthians 10:13; James 1:14-15; 1 John 2:15-17

DISCUSSION QUESTIONS:

1. Can you relate to Caleb's struggle against temptation? Have you ever been tempted to do something wrong and felt very restless inside wanting to give in?
2. Sometimes it is best to avoid temptation by removing the source; other times it is best to remove ourselves from the temptation. How does 2 Timothy 2:22 express this thought?
3. While we are tempted, we feel alone, overpowered, and unable to get away. But God gives us promises to help us know how to operate by truth, and to resist falling into sin. What promises does He give in 1 Corinthians 10:13? How does this verse help us?

**"No trial has come to you but what is human. God is faithful and will not let you be tried beyond your strength; but with the trial he will also provide a way out, so that you may be able to bear it."
1 Corinthians 10:13 (NAB)**

4. Jesus explained that lusting in your heart is committing adultery in God's eyes (Matthew 5:27-30). He also explained that we should remove the source of temptation. How did Caleb's action of removing his computer illustrate Jesus' words in Matthew 5:29? Why was this a good first step for Caleb?

TACKLING THE BIG QUESTION: Will you learn to resist temptation by the power of God or continue to live in sin? Temptation is not sin. Jesus was tempted. However, when we yield to temptation, we face unwanted consequences (James 1:14-15). But God's Word gives us multiple tools to help us. The first tool is allowing God's love to fill us so we don't want to find satisfaction somewhere else (1 John 2:15-17). Secondly, when temptation comes, we are to stand on the promises of God (1 Corinthians 10:13). Thirdly, we must get ourselves away from the temptation (2 Timothy 2:22), connect with those who are walking in victory, and remove the sources of temptation that have caused us to fall (Matthew 5:29).



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